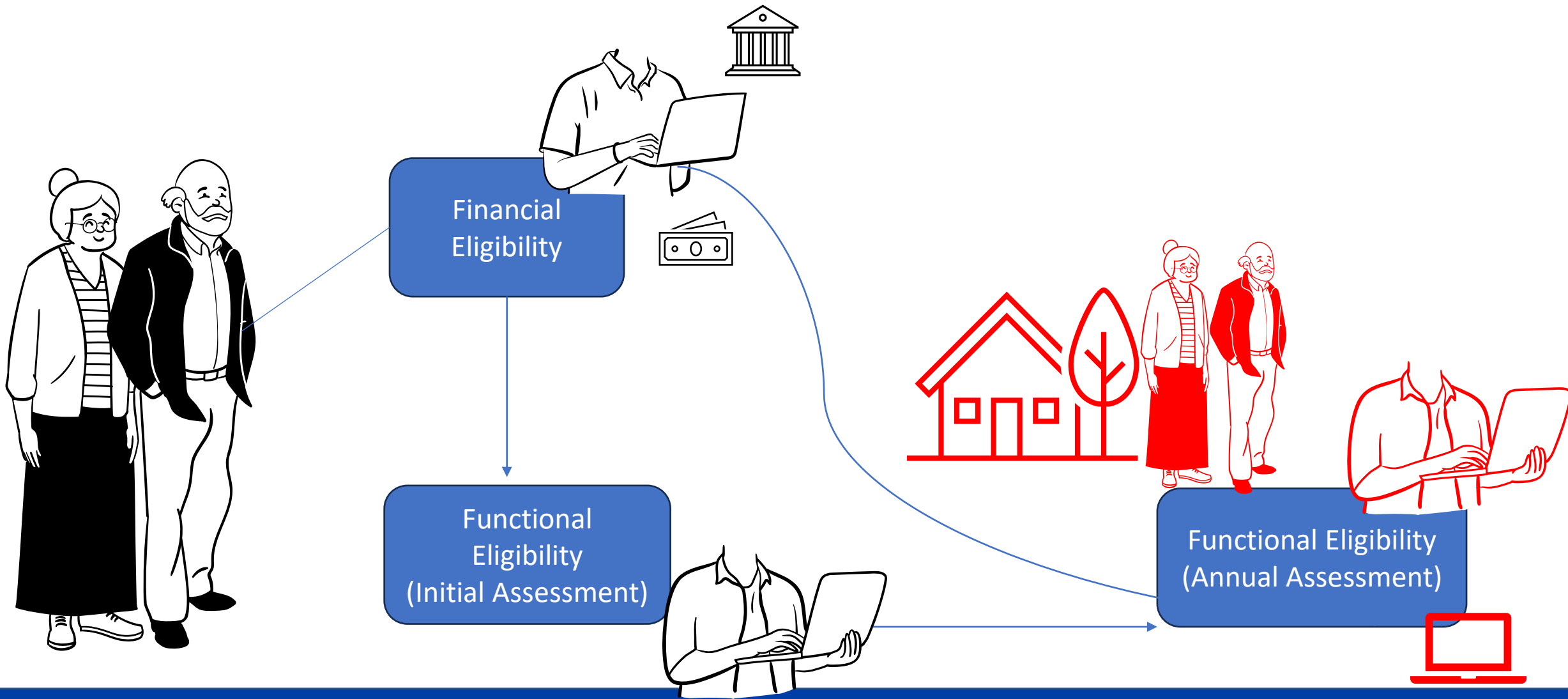


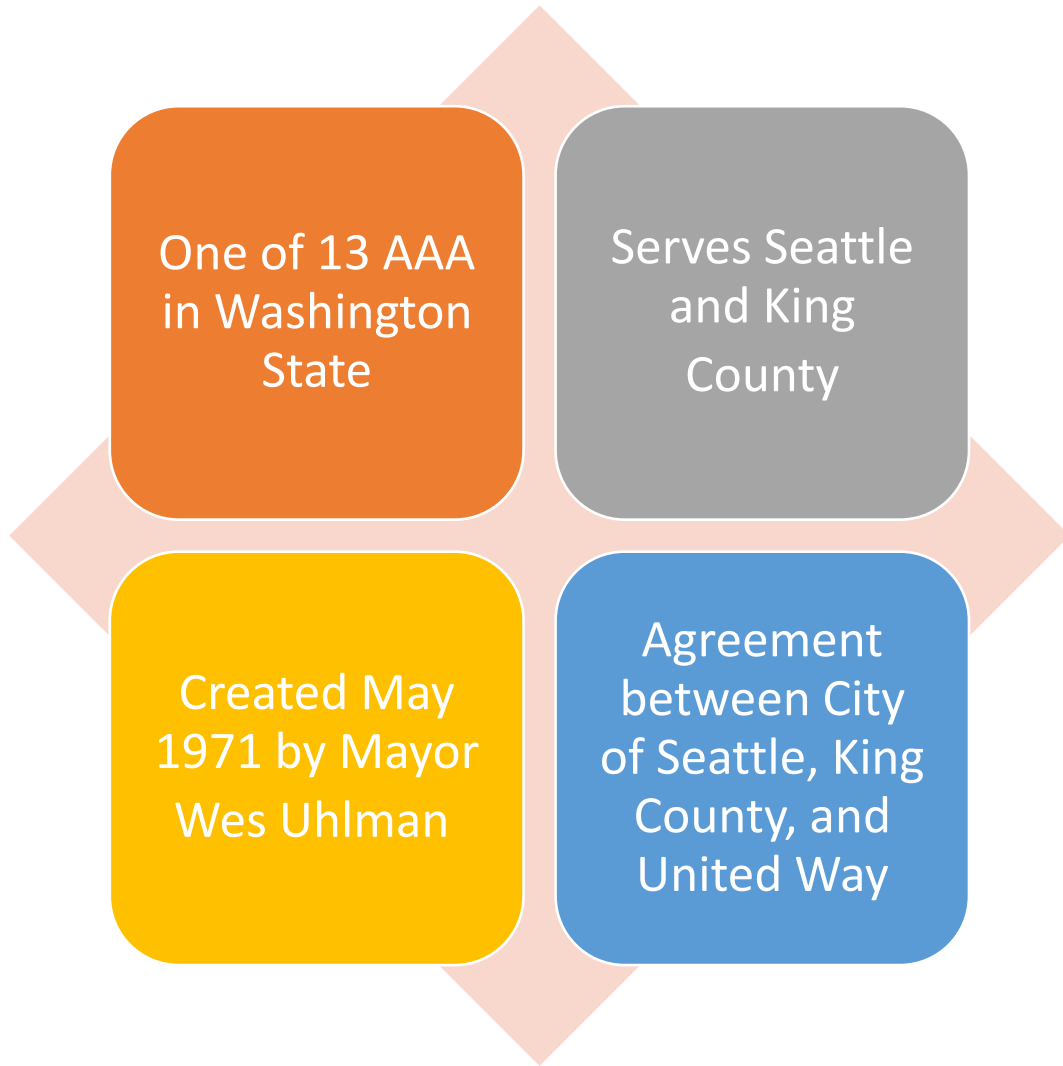
# Long Term Care Programs

Presented by: Aging Disability Services

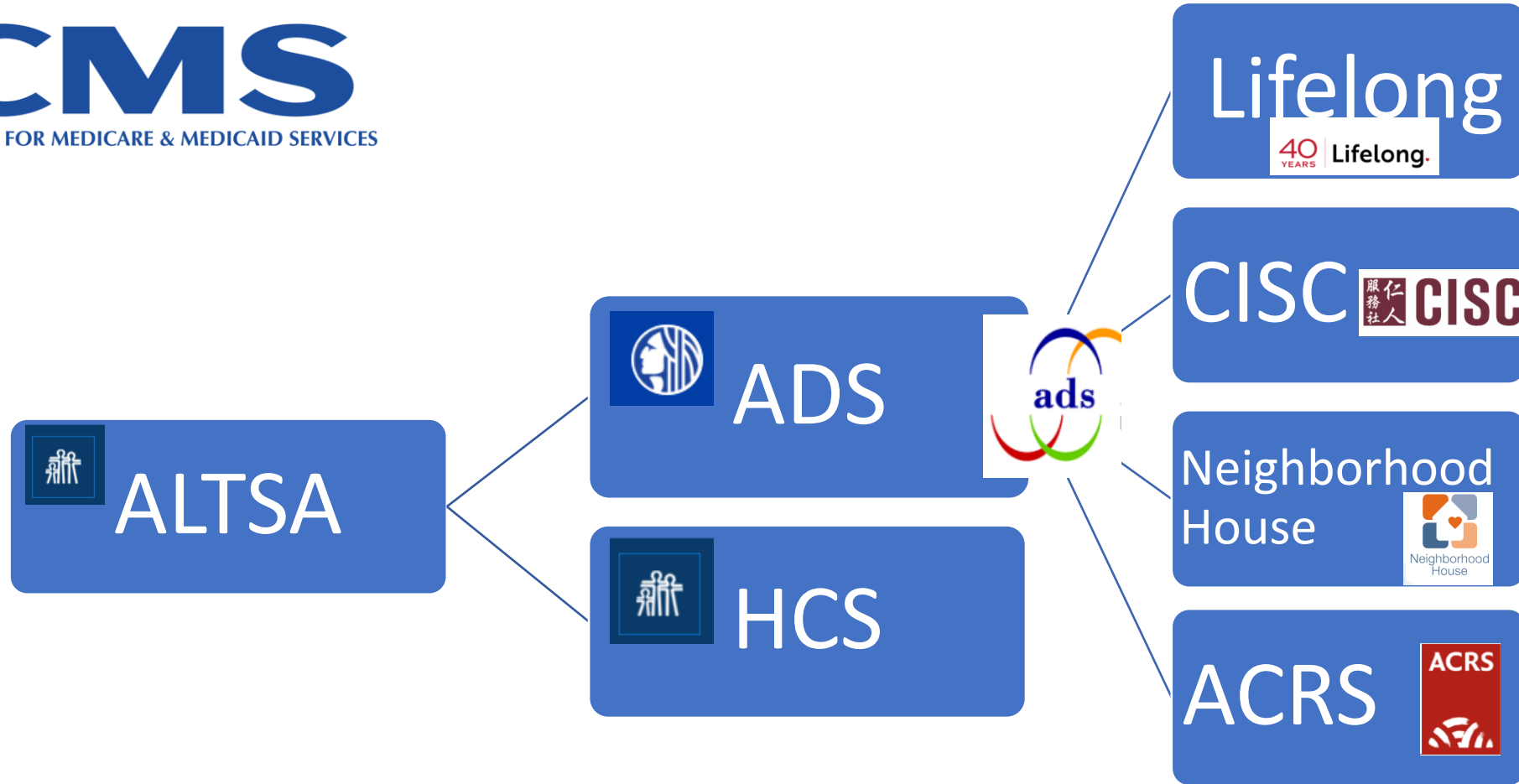
Antonia Derramas -- Training Education  
Coordinator, Senior







# Aging and Disability Services



# Medicaid Programs

## Medicaid State Plan

- “Entitlement”
- Mandatory Services
- Optional Services
- Statewide



## Medicaid Waiver

- Aged, Blind, Disabled
- Optional Services
- Not an “entitlement”

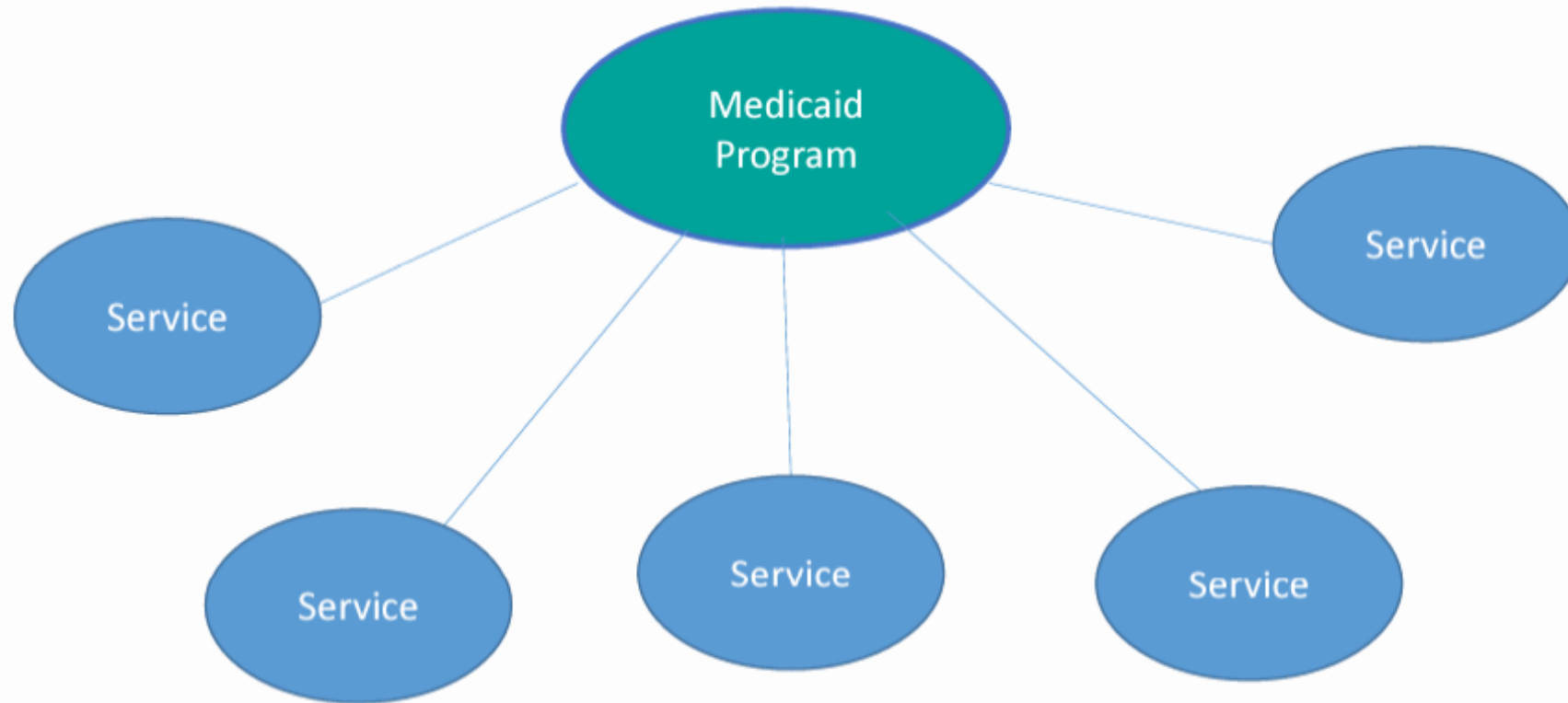


## Other Medicaid:

- **Federal Grant: Roads to Community Living (RCL)**
- **State funded** service packages



# Services are provided under a program



## What is MPC?

Medicaid state plan program

Must be functionally eligible per CARE and financially eligible

Non-institutional level of care (lower level of care)

### Services offered:

- Personal care
  - IP mileage reimbursement
- Nurse delegation



# To qualify for MPC

- **WAC 388-106-0210**

- noninstitutional categorically needy
  - do not require level of care furnished in a hospital or nursing facility
  - unmet or partially met need for assistance with 3 of the ADLs listed in the WAC.
- Unmet = task cannot be provided by an unpaid provider
  - Partially met = task can be provided partially by an unpaid provider



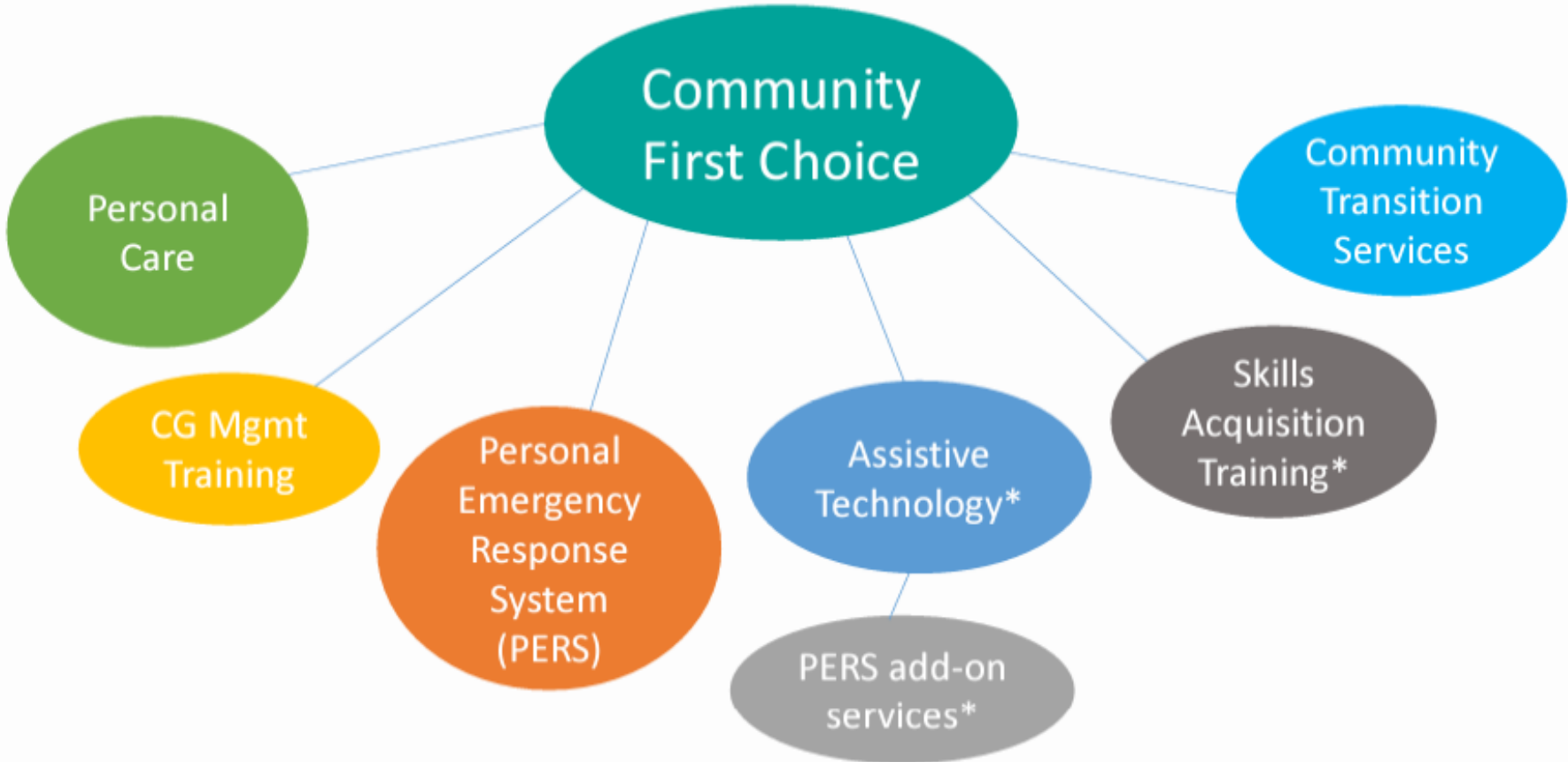


# Personal Care

- Physical or verbal assistance with activities of daily living (ADL) and instrumental activities of daily living (IADL) due to functional limitations
- Assistance is evaluated with the use of assistive devices
- In home service provider options
  - Home Care Agency
  - Individual Provider through CDWA



# What services can a Client receive on CFC?



\*paid with a client’s CFC state fiscal year (July 1<sup>st</sup> thru June 30<sup>th</sup>) annual limit of \$550



# PERS - Personal Emergency Response System

- Electronic device that enables client to secure help in an emergency
- Add-ons available \*\*
  - Add-ons are covered under Assistive Technology

Mobile PERS Unit



Mini Lite



Home PERS Unit



# Community First Choice \$550 service

## Assistive Technology

- Prescribed/recommended by a professional provider (PCP, OT, PT).
- Key term = increase independence OR substitute for human assistance
- PERS add-ons

## Skilled Acquisition Training

- Functional skills training to accomplish, maintain, or enhance ADLs, IADLs or health-related tasks.
- Limited training on tasks



# CFC (\$550) - Skilled Acquisition Training Tasks

- Cooking and meal preparation
- Shopping
- Housekeeping tasks
- Laundry
- Limited Personal hygiene tasks



# Limited Personal Hygiene Tasks (SAT)

- Bathing
- Dressing
- Application of deodorant
- Washing hands and face
- Application of makeup
- Shaving with an electric razor
- Brushing Teeth
- Menses Care



# CFC - Community Transition Services

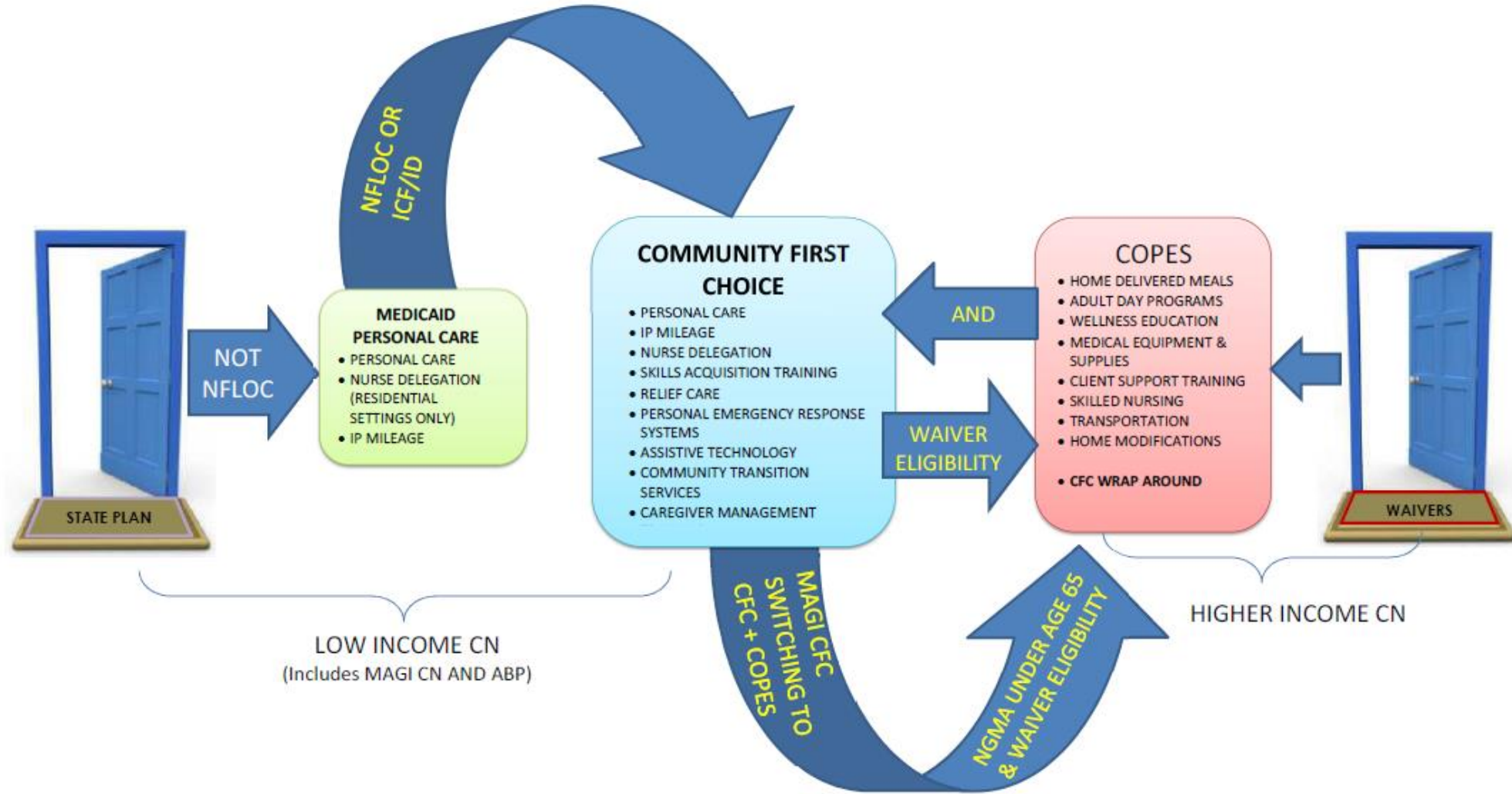
- One time, set up expenses
- Discharging from: Skilled Nursing Facility, Institution of Mental Disease, Intermediate Care Facility for individuals with intellectual disabilities .
- Within 30 days of discharge
- Examples
  - security deposits
  - utility set-up fees or deposits
  - one-time cleaning prior to moving
  - essential furnishings, etc.
  - Groceries/pest eradication
  - Can't be used for rent or recreational items



# COPES







Valentina Karnafel/Tracey Rollins 5/13/2015

# Services covered under COPES

Adult Day  
Service

Client Training

Skilled Nursing

Medical  
Equipment

Environmental  
Modifications

Transportation

Wellness  
Education

Community  
Choice Guide

Community  
Supports: Goods  
and Services

Home Delivered  
Meals



# Adult Day Service

## Adult Day Care

- Supervised daytime program
- Do not require RN or Rehab therapist intervention
- Reduction of personal care hours in personal care tab

## Adult Day Health

- Appropriate for adults with medical or disabling conditions that require intervention
- Skilled Nursing and Rehab Services
  - Nursing
  - Physical Therapy
  - Occupational Therapy
- Must receive skilled task every day they attend ADH
- Reduction of personal care hours by scoring status as informal support.



# Client Support Training

- Adjustment to a serious impairment,
- Maintenance or restoration of physical functioning,
- Self-management of chronic disease,
- Skills Acquisition
- Behavior Management
- Self-Management



# Current Client Support Training

- Nutrition Services – Chicken Soup Brigade
- Independent Living Skills – Validus Consulting & Services
- Occupational & Physical Therapy – Evergreen Health
- PEARLS – Sound Generations
- Chronic Disease Self-Management Programs – Kin On Community Center
- Health Coaches for Hypertension Control – Kin On Community Center



# Community Choice Guide (CCG)

- To establish or stabilize a person currently in a community living arrangement
  - In home
  - Residential setting (AFH or Assisted Living Facility)
- CCG service can assist a client to successfully live in the community setting of their choice by:
  - Frequent institutional contacts
  - Frequent turnover of caregivers
  - Threat of imminent eviction or loss of current community setting



# What do CCGs do?

- Identifying needs and locating necessary resources.
- Coordinating, educating, and linking the client to resources.
- Providing and establishing networks of relevant participant partners
- Assisting with paperwork for ease of transition
- Assisting with the development of plan during transitions to/from home
- Assisting with arrangement of transportation
- Assisting with purchasing goods and services



# Community Supports: Goods and Services

- Security deposits that are required to obtain a lease on an apartment or home;
- Essential household furnishings, including furniture, window coverings, food preparation items, and bed/bath linens;
- Set-up fees or deposits for utility or service access, including telephone, electricity, heating, and water;
- Services necessary for the individual's health and safety such as pest eradication and non-recurring cleaning prior to occupancy;
- Moving expenses;
- Necessary home accessibility adaptations; and,
- Activities to assess need, arrange for and procure needed/resources.
- Assisting the participant in arranging for transportation to effectively connect the participant with the community. Examples include a one-time purchase and reimbursement of a bus pass.





# Preparing for an assessment



- Copy of After Visit Summary
  - Diagnosis and Medications
- Consider:
  - Physical, Behavioral Health, ADLs, IADLs.
  - WAC 388-106-0085
- Who provided help in the last week?
- Who will provide help ongoing?
- What is the need?

