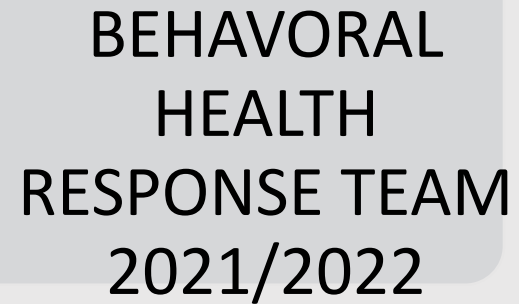




# DESC MOBILE RESPONSE DIVISION



MOBILE CRISIS  
TEAM 2011



BEHAVIORAL  
HEALTH  
RESPONSE TEAM  
2021/2022



MOBILE  
RESPONSE TEAM  
2022

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# MCT

Mobile Crisis Team

# Mobile Crisis Team

- MCT works in coordination with first responders to help individuals resolve their crisis related to mental health and substance use throughout the King County.
- MCT North/Central Team:
  - Crisis Solution Center
  - Northgate Office
- MCT South Team:
  - Kent Office



## MCT Focus

MCT works with individuals who are in crisis anywhere in King County.

MCT works with any adult experiencing emotional/behavioral disturbance, including substance use.

MCT is an emergency service diversion program that is 24/7.

# Referral Process

## Referral Sources

- Fire
- Law Enforcement
- Crisis Connections
- 988
- Designated Crisis Responders

Referent calls our centralized dispatch team to make a referral

- Minimum Information needed: Location and crisis description



# MCT Services

- Help resolve crisis situations by finding the least restrictive alternative
- Assess for everyone at imminent risk harm self or others
- Refer individuals to resources in the community
- Divert from possible hospital or jail time
- Work closely with DCR's to assess individuals for risk
- Crisis Response Team (CRT): Crisis co-response team that partners with SPD

# **BHRT**

Behavioral Health Response Team

# BEHAVIORAL RESPONSE TEAM (BHRT)

ANYONE THAT IS POST CRISIS DUE TO MENTAL HEALTH & SUBSTANCE USE ISSUES.

REFERRALS FROM MCT, FIRST RESPONDERS, & 3<sup>RD</sup> AVE PROJECT

OPERATING THROUGHOUT KING COUNTY OUT OF (3) OFFICE SPACES – North, Central, South

MULTIDISCIPLINARY TEAMS (37FTE); SUPERVISOR, MENTAL HEALTH PROFESSIONAL, (2) PEERS, SUDP(T)

WORK TOGETHER AS A UNIT TO SERVE 30 IND ON EACH TEAM FOR UP TO 90 DAYS. 180 CLIENTS ENROLLED AT ANY ONE TIME.



# ROLE & SCOPE OF WORK

TO DISRUPT CYCLE OF CRISIS

PROVIDE OUTREACH & ENGAGEMENT FOR ANYONE LIVING IN THE COMMUNITY THAT IS POST CRISIS.

ASSESSMENTS & REFERRALS

SHORT TERM CASE MANAGEMENT TO LT LINKAGES TO THE COMMUNITY.

CARE TEAM MEETINGS TO GET EVERYONE WORKING WITH IND ON SAME PAGE.

# **MRT**

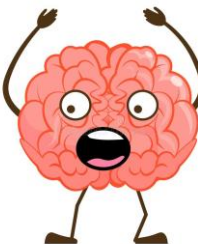
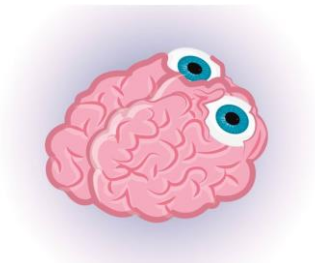
Mobile Response Team



**Permanent Supportive Housing  
Or  
Health Through Housing  
Client in Crisis  
Need support?  
Call MRT**



- **Mental health crisis**
  - a client expressing active suicidal and or homicidal ideation w/ or w/o a plan or target
  - experiencing persistent/intensifying psychotic symptoms w/o being able to be redirected
  - experiencing persistent/intensifying depressive symptoms that affect a client's ability to care for themselves (and unlike a client's baseline presentation)
  
- **Recent traumatic event**
  - experiencing some sort of trauma (physical, emotional, sexual, etc)
  
- **“Odd” behaviors – behaviors outside of baseline**
  - Pacing
  - Gesticulating
  - Stalking
  
- **Escalating substance use**
  
- **Short Term Case Management**
  
- **Please note**, *this is not an exhaustive list by any means. There is no set definition for an imminent crisis but if you have any questions re: an appropriate referral, you may consult with our centralized dispatch team.*



**Housing Staff will connect with DESC Dispatch  
And provide as much information as possible  
Location, name, situation, point person**



**Staff member meets MRT at door and escorts  
them to resident, providing a warm handoff**



**De-escalate  
Risk Assessment  
Safety Plan**

**Once resident is safe and calm,  
MRT will report back to housing staff  
outcome of encounter and next steps**



**MRT will also connect with resident's care team**

## MRT Case Management

- Up to 90 days
- Connect/reconnect with services
- Crisis Plan
- Peer support
- SUD support
- Medical
- Medication
- Staff support / education





Questions?