

Open Doors for Multicultural Families

Inclusive Family Event:

KAYAKING, ADAPTIVE CYCLING & PICNIC

Saturday, July 5th 2014 11 am - 3 pm

**Registration required*



Location: Lake Sammamish State Park

2000 NW Sammamish Road, Issaquah Plateau, WA

Registration: \$5.00/person Free for children 5 and under

Parking: \$10/vehicle (Free with Blue Accessible Parking Permit or Discover Pass)

** Limited scholarships are available for registration and parking fee upon request*

Contact:

Chinese, Vietnamese:

Winnie Tat
253.245.7320

Somali:

Hodan Mohamed
253.245.7304

Spanish:

Janet Inope
253.245.6394

Korean:

Min Cho
206.407.9051

Russian:

Olga Lindbom
206.973.9974

What to wear: For CYCLING—Loose fitting athletic clothing that you can move easily in. Dress in layers. For KAYAKING— Water shoes, extra pairs of shoes and clothes

Ability Level: No experience needed to kayak!! Appropriate for all abilities and ages.

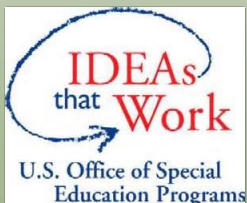
Questions? Contact **Hodan Mohamed**

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Open Doors Office:

253.216.4479

***** REGISTER ONLINE:** www.multiculturalfamilies.org



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