disability
empowerment
center

Our Community Impact

Presenter: Cassidy Thorne (she/her)
Programs Director

What’s your superpower?

Photo: Healthy Community Living

1

1 billion people worldwide live with some form of a disability

Source: World Health Organization

Nearly everyone is likely to experience a disability at some point in life.

2

Source: World Health Organization

3

1 in 5 people in our region has a disability

Source: CDC

Why we exist

Progress for disabled people… but not enough:

- Before 1960s, institutionalism of people with disabilities was widespread
- Disabled people had little autonomy or choice
- People with disabilities continue to face discrimination, obstacles to employment, prejudice and other unfair challenges

Formerly:

Alliance of People with dis Abilities

Now:

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Who we empower

Everyone is welcome:

- We serve throughout King County
- People ages 14 and up and from all backgrounds
- Physical, intellectual, sensory, neurological and other disabilities
- Adults, teens/young adults, and seniors

Our approach

We have a unique model:

- Our staff and volunteers have disabilities, too
- We work peer-to-peer
- People we serve make all their own choices

What we do

We work for people and for change:

Free individualized services:

- One-to-one skills training
- Peer support groups
- Resources & referrals

Creating systems change:

- Policy and programs advocacy
- Expert disability consulting for businesses

We help with:

- Housing referrals (we don't provide housing)
- Utility assistance
- Transition to independent living
- Job search and resume writing
- Transportation options
- Recreation and social activities
- Assistive technology
- Healthcare and social services
- Developing skills to live independently
- Other services based on your individual needs and goals

How to access services

Contact us:

- disabilityempowerment.org
- 1-866-545-7055
- Centers in Seattle, Redmond and Auburn

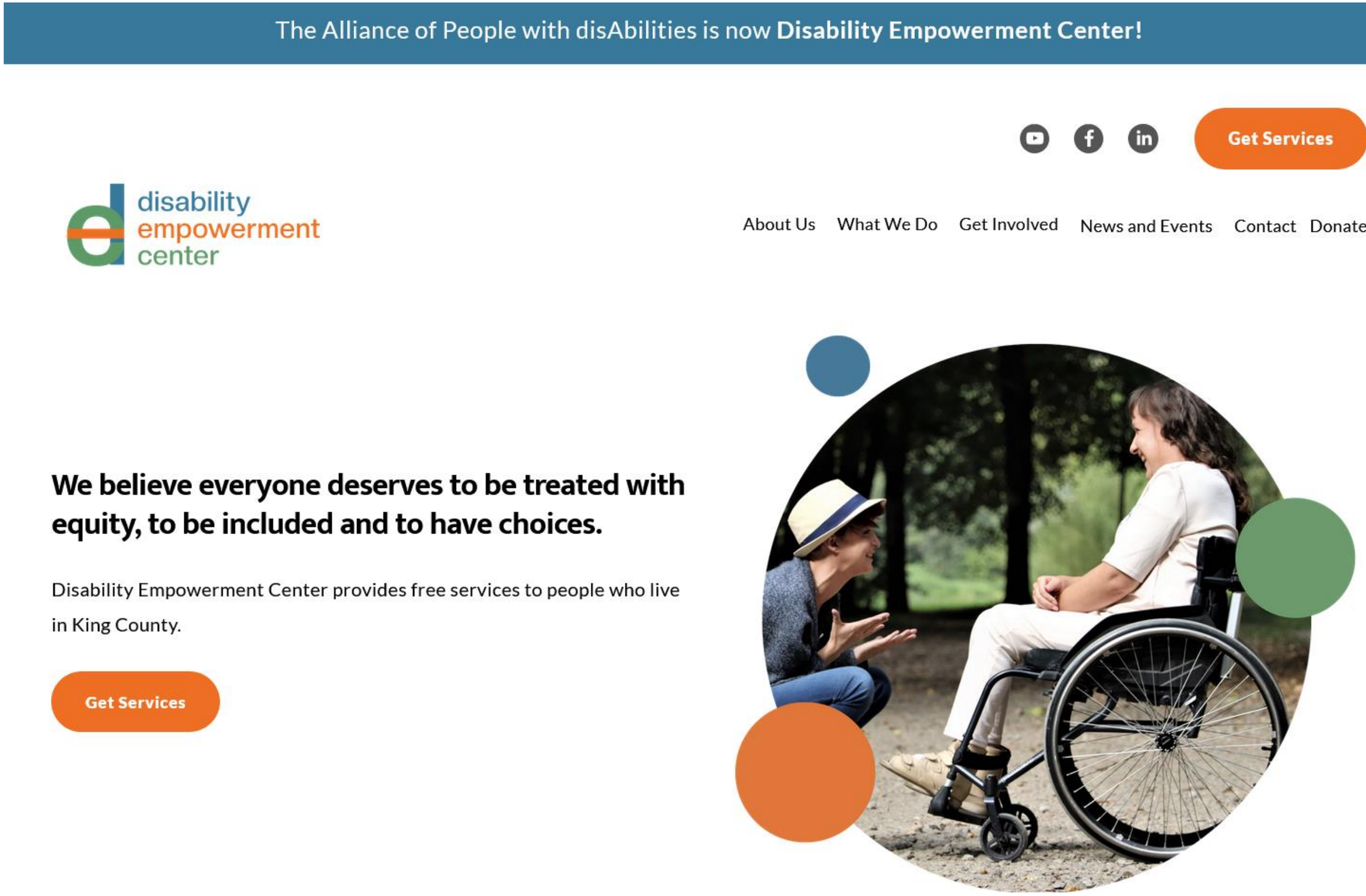
How to get involved

Connect:

- New website!
- Facebook, LinkedIn and YouTube
- E-newsletter
- Donate
- Volunteer
- Board membership
- Work for us
- Share your story

Photo: Healthy Community Living

Our new website!



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Contact

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