

Community Presentation

The Door to Long Term Care Home and Community Services (HCS)

Aging and Long-Term Support Administration (AL TSA)

Vision

Seniors and people with disabilities living with good health, independence, dignity, and control over decisions that affect their lives.

Mission

To transform lives by promoting choice, independence and safety through innovative services.

What Does Home and Community Services Do?

- We serve low-income Washington State residents, 18 and over, who are either blind and/or disabled and in need of long-term care (LTC) services
- We offer alternatives to Skilled Nursing Facility (SNF) care if an individual requires nursing or personal care services but does not wish to reside in a nursing home long-term

Home and Community Services

HCS determines initial & ongoing eligibility for long-term care services (LTC) and authorizes services to contracted providers.

Once we receive an application for Medicaid LTC, we determine:

- ✓ Financial Eligibility ~ completed by a financial worker
- ✓ Functional Eligibility ~ completed by a SW or RN

Both processes may occur at the same time.

How To Apply For Washington Apple Health Classic Medicaid LTC Services (Nursing Home, In-home, Residential)

Application Type	How to Apply
Online	washingtonconnection.org
Forms	18-005 WAH Application for Long Term Care/ABD www.hca.wa.gov
Mail	HCS – Long Term Care Services P.O. Box 45826 Olympia WA 98504-5826
Phone	Local HCS Office - https://www.dshs.wa.gov/office-locations
Fax	1-855-635-8305 (also used to fax verification)
In Person	Any HCS office will accept an application!

Applications for LTC Services

Classic (ABD) Medicaid or TSOA:

Apply online at: <https://www.washingtonconnection.org>

Paper application: HCA form 18-005

<https://www.hca.wa.gov/assets/free-or-low-cost/18-005.pdf>

Apple Health Coverage (MAGI):

Apply online at: <https://www.wahealthplanfinder.org/>

Applications for LTC Services

Classic (ABD) Medicaid Eligibility Criteria:

- Must be aged (65 or older), blind, or disabled
 - Blind or disabled is determined by Social Security Administration
- Resident of WA State
- Assessed to need nursing facility level of care (NFLOC)
- Gross income limits vary by setting and program
- Resource limit - \$2,000

TSOA Eligibility Criteria:

- Must be age 55 or older
- Good option for clients with resources over \$2,000. Resource limit \$53,100
- Gross income limit \$2,742 (as of 1/1/2023)
- Assessed to need nursing facility level of care (NFLOC)

Applications for LTC Services

Apple Health Coverage (MAGI) Eligibility Criteria

- Free or low cost health insurance coverage for Adults, Children's, Family, and Pregnancy Programs
 - Adults age 19-64
 - With annual household income limits
 - U.S. Citizens or meet Medicaid immigration requirements
 - Are not entitled to Medicare
- Please NOTE: A person who is age 65+ or is eligible for Medicare, should not apply for this program.
- To apply:
 - **Online:** [Healthplanfinder](#)
 - **Paper:** [HCA Form 18-001 \(Application for Health Care Coverage\)](#), can be submitted via:
 - **Mail:** Washington Healthplanfinder, PO Box 946, Olympia WA 98507
 - **Fax:** 1-855-867-4467
 - **Phone:** 1-855-923-4633
- If an individual wants help applying for MAGI Medicaid, they can work with a Navigator or call Healthplanfinder Customer Support at 1-855-923-4633.

MAGI clients are eligible for the following LTSS:

- CFC (Community First Choice)
- Nursing Home
- MAC (Medicaid Alternative Care)

Medicaid and Long-Term Care Services for Adults brochure

[22-619.pdf \(wa.gov\)](#)

This brochure will help you learn more about:

- How to apply for Apple Health LTSS.
- The income and resource eligibility limits for Apple Health LTSS.
- Estate recovery of any funds you receive.
- In-home and residential care service options and resources if you are eligible for Apple Health LTSS.
- Resources for your unpaid family caregiver.

Residential Settings

▶ **Adult Family Home (AFH)**

- Must have certification for mental health, dementia, &/or developmental disabilities if resident(s) have such a diagnosis
- Licensed and contracted for up to 9 residents

▶ **Adult Residential Care (ARC)**

- Typically low-level physical care needs

▶ **Enhanced Adult Residential Care (EARC)**

- Provides limited nursing services

▶ **Assisted Living Facility (ALF)**

- Single rooms
- Provides nursing care

*Residential is the only community setting for 24 hour care

*Case management & follow-up assessments are done by HCS

Washington State Department of Social and Health Services

	Adult Family Home (AFH)	Adult Residential Care (ARC)	Enhanced Adult Residential Care (EARC)	Assisted Living (AL)	Enhanced Services Facility (ESF)
Medication Administration	Yes, with nurse delegation	No	Yes	Yes	Yes
Medication Assistance	Yes	Yes	Yes	Yes	Yes
Activities	Yes	Yes	Yes	Yes	Yes
Private apartment	No	No	No	Yes	No
Private bathroom	No	No	No	Yes	No
Private kitchen area	No	No	No	Yes	No
Personal care supplies	No	No	Yes	Yes	No
Awake staff 24 hours a day	No	No	Yes with SDC contract	Yes with SDC contract	
Coordinate Behavior Support & Team Meetings	Yes with ECS and SBS contract	No	Yes with ECS and SBS contract	No	Yes
Individual Crisis Plan	Yes with ECS and SBS contract	No	Yes with ECS and SBS contract	No	Yes



[Choosing Care in an Adult Family Home or Assisted Living Facility \(wa.gov\)](#)



https://adultfamilyhomecouncil.org/facility-finder/find-a-home/results?&search=King&page=1&action=afhc_search

Supports for Folks with Behavioral Health Challenges

Meaningful Day Activities is a program some adult family home providers offer.

- Client and provider create a plan of activities that are personally meaningful to the client. Plan is used to manage behavioral health challenges that pose a barrier to successful community living.

Residential Support Waiver provides specialized services to clients with personal care and behavioral support needs.

- Population includes individuals with complex behaviors requiring additional supports related to behavioral health, neurocognitive, or traumatic brain injury diagnosis.
- Offered in a variety of settings – AFH, EARC, AL, ESF
- **Expanded Community Services (ECS)** – Receive contracted behavior support services
- **Specialized Behavior Support (SBS)** – Client receives 6 – 8 hours of one-on-one staffing to provide behavioral support

Supports for Folks with Substance Abuse, Tobacco Use

If a client is interested in a treatment evaluation the [Washington State Recovery Help Line](#) can be called by anyone any time for free. They offer confidential emotional support, crisis intervention and referrals: **1-866-789-1511**

Medicaid eligible clients including those covered under the Affordable Care Act who contact the State or Local area central Recovery Helplines; (there are 3 such numbers for King County); can directly contact the specific number(s) chosen and will be given location and phone for the nearest treatment facility (or facilities) available, according to service requestor Zip code area. Assessments would be scheduled by the treatment facility contacted and cost will be covered under Medicaid. People can also chose treatment outside their own Zip code area.

Facility Discretion to Transfer or Discharge a Client

WAC 388-76-10616

Resident rights—Transfer and discharge notice.

(1) Before a home transfers or discharges a resident, the home must give the resident and the resident's representative a written thirty day notification informing them of the transfer or discharge. The home must also make a reasonable effort to notify, if known, any interested family member. The written notification must be in a language and manner the resident understands and include the following:

- (a) The reason for transfer or discharge;
- (b) The effective date of transfer or discharge;
- (c) The location where the resident is transferred or discharged if known at the time of the thirty-day discharge notice;
- (d) The name, address, and telephone number of the state long-term care ombuds;
- (e) For residents with developmental disabilities, the mailing address and telephone number of the agency responsible for the protection and advocacy of individuals with a developmental disability; and
- (f) For residents with mental illness, the mailing address and telephone number of the agency responsible for the protection and advocacy of individuals with mental illness.

(2) The home may make the notice as soon as practicable before transfer or discharge when:

- (a) The safety and health of the individuals in the home would be endangered;
- (b) An immediate transfer or discharge is required by the resident's urgent medical needs; or
- (c) The resident has been absent from the home for thirty or more days.

(3) A copy of the written notification must be in the resident's records.

Navigating the LTC Application Process and Ongoing Support

- Intake worker and financial worker (public benefits specialist) assist applicant with navigating application process.
- Case manager (CM) or nursing care consultant (NCC) assists client with identifying the programs and services available to them.
- Client may be eligible to work with a Community Choice Guide (CCG). CCGs assist clients with accessing resources, identifying viable community living options, establishing networks of relevant participant providers, and other tasks identified by the client and CM/NCC.

Q & A

