Kids Mental Health Washington

Carson Taylor

History and Background

- **Kids' Mental Health Washington**
  - Started in Pierce County – 2018/19
  - March 2021 – emergency proclamation signed by Gov. Jay Inslee
  - Partnership b/t Health Care Authority (HCA), Kids' Mental Health Pierce County, and Developmental Disabilities Community Services (DDCS, formerly DDA)

KMHWA Rollout

Find your county here:

[Home – Kids' Mental Health Washington]

Year 1 SFY 2022

- Pierce
- Salish
- Greater Columbia
- Southwest

Year 2 SYF 2023

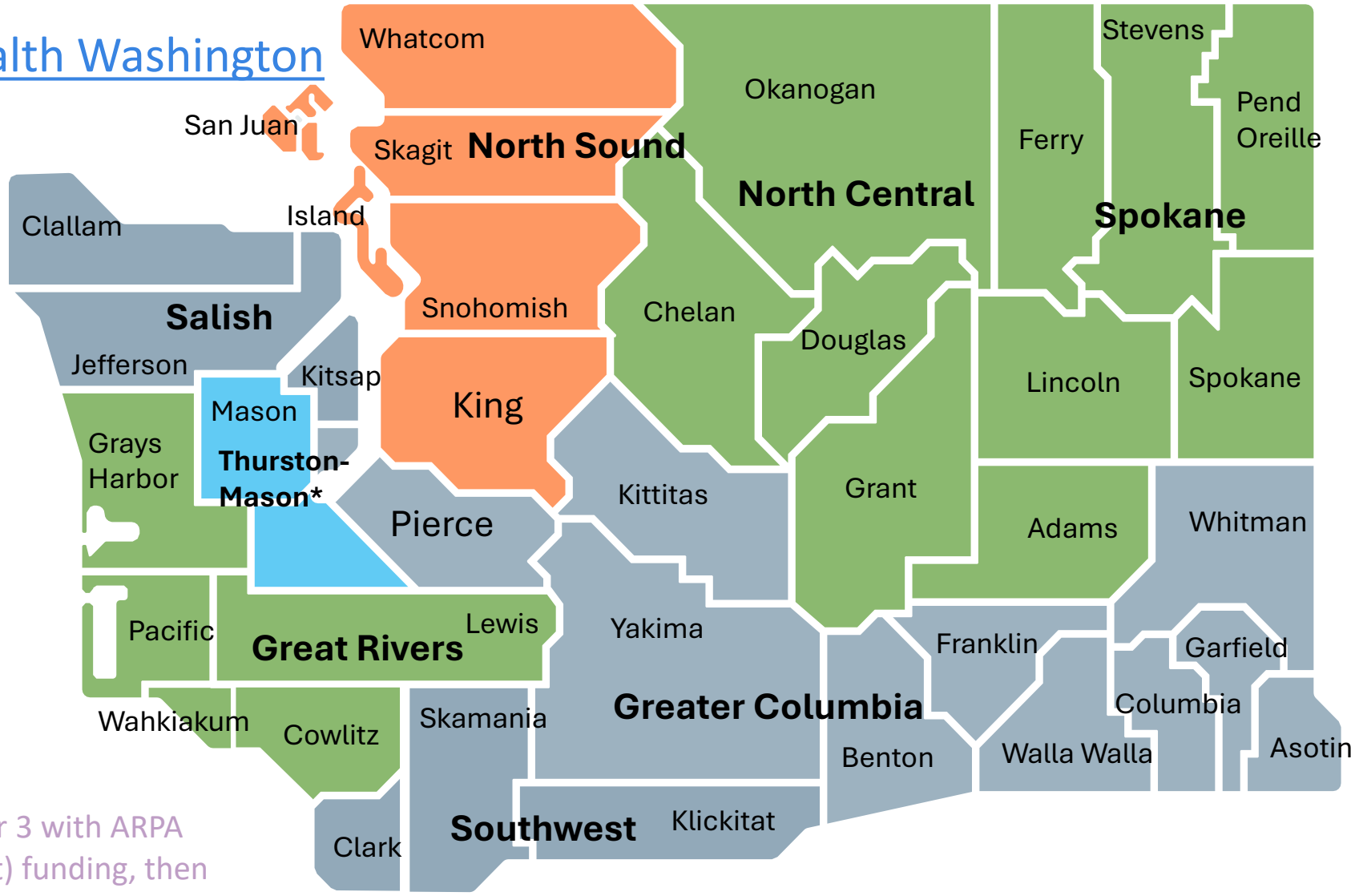
- North Central
- Spokane
- Great Rivers
- Thurston-Mason*

Year 3 SFY 2024

- North Sound
- King

Thurston-Mason

- Start year 2 instead of year 3 with ARPA (American Rescue Plan Act) funding, then will move to state funding



What We Offer

Behavioral Health Resource Navigation:

- Connecting to Services/Resource Navigation
- Care Coordination for children & youth involved in multiple systems
- Transitional Planning – Support & recommendations for transitioning back into the community from a placement (e.g. inpatient unit, CLIP, juvenile detention, etc.)
- Family Engagement Ideas – assistance engaging a family in services or to address barriers in access to services.

Multi-Disciplinary Team Meetings (MDT):

- Purpose: To support youth and families through convening a range of community partners who can help strategize care plans and connect with essential services.
- Structure:
  - Center youth and family voice & choice.
  - Individualized to meet needs of each unique referral.

Regional Program Website:

How to Access

Who Is Eligible

- Any school-aged child or youth and their family, regardless of insurance status.

How to Refer:

- Submit referral online (see regional website).
- If possible, have youth/family also submit an ROI on website.

What to Expect:

- We reach out to the family within 3 business days and will follow up with the referent letting you know we received the referral.

Call to Action

Refer for Behavioral Health Navigation

Visit website

Share resource to add

Make a referral to an MDT

Attend an MDT

Attend a KMHWA training

Join KMHWA Steering Committee

Thank you!

- **Kids Mental Health King County**
  - Carson Taylor: cartaylo@kingcounty.gov
- **Kids Mental Health Pierce County/KMHWA**
  - Gina Cabiddu: Gina.Cabiddu@multicare.org