Hepatitis A
HEALTH WARNING FOR PEOPLE LIVING HOMELESS
(Seattle)

WHAT IS HEPATITIS A?
Hepatitis A (hep A) is a virus that spreads easily. Many people don’t know they have hep A so they spread it without knowing.
It can cause severe liver disease that can last for months.
Sometimes people die from hep A.
Hep A has been spreading in people living homeless in the U.S.

HOW DOES IT SPREAD?
Hep A is in the poop of someone with hep A. If they haven’t washed their hands after using the toilet, tiny bits of poop can get on things they touch. Hep A spreads from:

- Touching objects or eating food that someone with hep A handled
- Having sex with someone who has hep A
- Sharing needles, pipes, or other items to take drugs

HOW CAN YOU PREVENT HEPATITIS A?
- Wash your hands with soap and water after using the toilet, and before you cook or eat! Soap and water work best, but if they aren’t available, use alcohol-based hand gel.
- Don’t share food, drinks, needles, or smokes with other people
- Use your own towels, toothbrush and utensils
- Don’t have sex with someone who has hep A
- Get 2 shots of hep A vaccine
SYMPTOMS OF HEPATITIS A

- Fever
- Fatigue
- Vomiting
- No appetite
- Jaundice (yellow eyes & skin)
- Dark pee, pale poop, diarrhea

Some people with hep A don’t have any symptoms

If you think you might have hep A, see your doctor or go to the hospital

YOU CAN PROTECT YOURSELF FROM HEPATITIS A

Get a free hep A vaccine shot at these locations:

**SEATTLE LOCATIONS:**

**Pioneer Square Clinic**
206 3rd Ave S
Open Mon—Fri, daytime

**3rd Ave Center**
2028 3rd Ave (next to Angeline’s Day Center)
Open Mon—Fri, daytime

**Boren Clinic**
1930 Boren Ave (at the Sobering Center)
Open Mon—Fri, mornings only

**Robert Clewis Needle Exchange**
2124 4th Ave
Open Mon—Fri; Sat 2-4 PM

**Downtown Public Health Clinic**
2124 4th Ave
Open Mon-Fri, daytime

**Hepatitis Education Project**
1621 S Jackson St
Open Tues & Thurs, 1-5 PM, or by appointment

**Ballard NeighborCare Clinic**
1753 NW 56th St (at the Nyer Urness House)
Open Mon—Fri, daytime

**45th St Youth Clinic (ages 12-26)**
1629 N 45th St
Open Weds & Thurs, 6-9 PM

**Mobile Medical Van**
Various locations in Seattle, Tues—Fri
For locations, check: Kingcounty.gov/mobilemed

Most pharmacies offer the hep A shots if you have an insurance card


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