HEALTH WARNING FOR PEOPLE LIVING HOMELESS (Eastside)

WHAT IS HEPATITIS A?
Hepatitis A (hep A) is a virus that spreads easily. Many people don’t know they have hep A so they spread it without knowing. It can cause severe liver disease that can last for months. Sometimes people die from hep A. Hep A has been spreading in people living homeless in the U.S.

HOW DOES IT SPREAD?
Hep A is in the poop of someone with hep A. If they haven’t washed their hands after using the toilet, tiny bits of poop can get on things they touch. Hep A spreads from:

- Touching objects or eating food that someone with hep A handled
- Having sex with someone who has hep A
- Sharing needles, pipes, or other items to take drugs

HOW CAN YOU PREVENT HEPATITIS A?
- Wash your hands with soap and water after using the toilet, and before you cook or eat! Soap and water work best, but if they aren’t available, use alcohol-based hand gel.
- Don’t share food, drinks, needles, or smokes with other people
- Use your own towels, toothbrush and utensils
- Don’t have sex with someone who has hep A
- Get 2 shots of hep A vaccine
SYMPTOMS OF HEPATITIS A

- Fever
- Fatigue
- Vomiting
- No appetite
- Jaundice (yellow eyes & skin)
- Dark pee, pale poop, diarrhea

Some people with hep A don’t have any symptoms

If you think you might have hep A, see your doctor or go to the hospital

YOU CAN PROTECT YOURSELF FROM HEPATITIS A

Get a free hep A vaccine shot at these locations:

**EASTSIDE LOCATIONS:**

Public Health Eastgate Primary Care
14350 SE Eastgate Way, Bellevue
Open Mon—Fri, daytime

Public Health Eastgate Family Planning Clinic
14350 SE Eastgate Way, Bellevue
Open Mon—Fri, daytime

**SEATTLE LOCATIONS:**

Pioneer Square Clinic
206 3rd Ave S
Open Mon—Fri, daytime

3rd Ave Center
2028 3rd Ave (next to Angeline’s Day Center)
Open Mon—Fri, daytime

Boren Clinic
1930 Boren Ave (at the Sobering Center)
Open Mon—Fri, mornings only

Robert Clewis Needle Exchange
2124 4th Ave
Open Mon—Fri; Sat 2-4 PM

Downtown Public Health Clinic
2124 4th Ave
Open Mon—Fri, daytime

Hepatitis Education Project
1621 S Jackson St
Open Tues & Thurs, 1-5 PM, or by appointment

Ballard NeighborCare Clinic
1753 NW 56th St (at the Nyer Urness House)
Open Mon—Fri, daytime

45th St Youth Clinic (ages 12-26)
1629 N 45th St
Open Weds & Thurs, 6-9 PM

Mobile Medical Van
Various locations in Seattle, Tues—Fri
For locations, check: Kingcounty.gov/mobilemed

Most pharmacies offer the hep A shots if you have an insurance card


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