$197 is Not Enough: Raise the Aged, Blind, or Disabled (ABD) Grant!

During the 2020 Legislative Session, Statewide Poverty Action Network will continue the fight to raise the Aged, Blind, or Disabled (ABD) cash grant. This critical lifeline for people with disabilities was slashed during the Great Recession, and the maximum grant level remains a paltry $197/month. This is not enough!

How can you help?
We are starting a campaign that portrays the difficult economic sacrifices that ABD recipients face because the grant is simply not enough. It is important for lawmakers to understand the impossible choices people who receive ABD must make, thereby highlighting the need for a higher monthly grant.

Real stories matter!
ABD recipients are encouraged to send in a list of items they have foregone in a typical or recent month because they cannot afford them. For example, such items may include rent, utilities, toilet paper, pads & tampons, phone bill, transit costs, medications or health costs not covered by insurance, etc. Stories may be publicized in a variety of ways, including social media, print, and delivered as testimony to lawmakers.

Please send a photo or scan of the completed template below to Adriana Lasso-Harrier, Communications Manager (adriana@povertyaction.org; 206-694-6772). Please also include a photo, if possible.

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Name: Age: City of residence:
Phone #: Email:

<table>
<thead>
<tr>
<th>Items you were unable to afford while on the ABD cash grant</th>
<th>Cost of each item</th>
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How would you like your story shared? Please check as many as you’d like.

Social media _____ Print _____ Lawmaker Testimony _____